

AUGUST NEWSLETTER 2021

SOLVE ACNE PROBLEMS, USING NATURE'S AID

Acne is an inflammatory skin condition which involves the overactive sebaceous glands due to hormonal changes especially during adolescence that make the skin oily. The sebum blocks hair follicles causing them to become inflamed and infected, producing the characteristic blackheads and spots. Acne is also indicative of nutritional deficiencies, toxicity, dysbiosis, stress, adrenals, PCOS, food allergies and hormonal imbalances.

We tend to approach acne as a systemic condition, treating the root cause of the acne.

Our approach is to conduct a consultation of nutrition and herbal medicine to assess the underlying cause of the acne's inflammation and only then we will combine skin treatment with topical application of medication and correct products to be used at home with the correct nutrition plan with the aid of herbal medication. That will be combined with a treatment skin plan.

With our 22 years of experience, we have come to a conclusion after treating thousands of acne skin conditions that the only and healthiest way is to combine external and internal treatment. Our clear skin tincture.

Our clear skin tincture helps to keep skin clear and blemish free with this combination of liver cleansing, hormone balancing and disinfecting ingredients.

- Keeps skin healthy and clear
- Hormone balancing
- Disinfecting

Red Clover, Saw Palmetto, Angus Cactus, Marigold, Echinacea, Burdock, Schizandra and Dandelion combine in this tincture to help keep the skin clear and blemish free (50ml for £16)



For more information please call 02089540035

OUR MONTHLY SPECIAL OFFERS

GET 20% OF THE OBAGI CLENZIDERM PRODUCTS SPECIALISED IN THE ACNE TREATMENT

BLUE RADIANT ACNE FACIAL £60 WHEN YOU PRESENT THIS CODE

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PRP platelets and plasma +needling for acne scars £299 when you present this code **AUGUSTPRPACNE2021**

PRP+NEEDLING MOST EFFECTIVE AND SAFE TREATMENT OF ACNE SCARS SUITABLE FOR ALL SKIN TYPE AND ALL SKIN TONES

Platelet Rich Plasma (PRP) therapy, also known as The Vampire Facelift®, harnesses the body's own healing powers to stimulate new tissue growth, giving your skin a healthy, more youthful appearance.

A small amount of the patient's own blood is taken and the plasma is then separated out from the rest of the blood, by means of a centrifuge to create the platelet rich plasma. This plasma is then injected into the area of concern where the platelets release their growth factors.

PRP improves skin texture and tone and regenerates collagen, helping reduce wrinkles and lines, tackle blemishes, improve scarring and restore a healthy youthful glow. This is one of the most natural treatments to restore elastin and collagen fibres.

BOOST YOUR IMMUNITY WITH HERBAL MEDICINE

As trained Medical Herbalists we believe that nature offers the most effective herbs to support our immune system.

We have formulated a medicinal tincture which contains several powerful herbs that have shown their effectiveness in boosting immunity, naturally. This formula can help support our immune system to fight against viruses and bacteria from attacking our body. Every individual has different immune resistance. Even after receiving vaccination some people can still be vulnerable and have low resistance against viruses and bacterial attacks.

Our medicinal formula which is composed from several immune boosting herbs has been scientifically found to enhance and boost immunity such as:

Astragalus membranaceus enhances immunity, has antiviral and antibacterial properties and has the ability to increase the production of antibodies and killer cells.

Echinacea angustifolia/purpurea is immune boosting, increases the activity of white blood cells and antibody resistance.

Medical mushrooms such as: **Shiitake and Reishi** can significantly enhance immunity by triggering the activation of white blood cells.



